

Town of Rosendale Pool **Swim Lesson Sign Up 2022**

Sessions:

- Session 1: Monday, June 27 – Friday, July 8
- Session 2: Monday, July 11 – Friday, July 22
- Session 3: Monday, July 25 – Friday, August 5

Levels:

- **Parent & Me (Ages 3 & under)**
 - A chance for parents to familiarize their child with the water.
 - Parents will learn how to hold their child in the water and how to encourage them to put their head under.
- **Level 1- Introduction to Water (Ages 3+)**
 - For the beginner who is comfortable in the water.
 - Swimmers learn basics of swimming: bobbing, going under water, supported front and back floating, supported rolling over from front to back and back to front, supported gliding, supported flutter kick, supported front crawl arms and jumping in.
- **Level 2 – Fundamental Aquatic Skills (Age 4+)**
 - Swimmers should already be able to float on front and back and put their head under water.
 - Swimmers will work on: independent front and back floating, independent rolling over from front to back and back to front, independent front and back glides, front crawl arms and kicks, back crawl arms and kicks, retrieving underwater objects, and jumping into water over their head.
- **Level 3 – Stroke Development (Ages 5-6+)**
 - Swimmers should already be comfortable swimming the front crawl and swimming on their back.
 - Swimmers will work on: gliding, freestyle with side breathing, backstroke, breast stroke and dolphin kicks, retrieving objects in deeper water, treading water, jumping into deep water and compact dives.

Lesson Fees:

Resident Child: \$50.00 each, per session
Non-Resident Child: \$70.00 each, per session

Description:

Our lessons will be available throughout the morning hours of July and August. Each session includes ten (10) 30-minute lessons over a 2-week period. Lessons are held Monday through Friday. If there is inclement weather, please plan on coming as we will practice safety and first aid with the children. Even with bad weather, your instructor will be able to fit everything in per the curriculum of each level.

Parents and/or guardians do not have to pay any fees to enter the pool to attend lessons. If you would like to come early, please come no earlier than 15 minutes before your lesson time.

Please have your child wait in front of the bathhouse, near the lifeguard room until their lesson time is announced. Attendance is taken every lesson. If you know when you will be missing a lesson, please let us know.

If you ever have any questions, or concerns, please let us know! We're looking forward to a great summer.

Town of Rosendale Pool
Swim Lesson Sign Up 2022

Child's Name: _____
 First and Last (Please Print)

Age: _____ **Gender (Circle One):** M or F

Residency (Circle One): Resident Child Non-Resident Child

After deciding which session(s) your child will attend, please write which time slot next to the correct session. Also indicate which level your child will enter at the beginning of lessons. For those doing more than one session, your child's level for the second session will be decided by the teacher.

Session 1 (6/27 – 7/8):

- 9:30 – 10:00 – Level 1 & 2
- 10:00 – 10:30 – Level 2 & 3
- 10:30 – 11:00 – Level 3 & 1
- 11:00 – 11:30 – Parent & Me

Session 3 (7/25 – 8/5):

- 9:30 – 10:00 – Level 1 & 2
- 10: 00 – 10:30 – Level 3 & 1
- 10:30 – 11:00 – Level 2 & 3
- 11:00 – 11:30 – Parent & Me

Session 2 (7/11 – 7/22):

- 9:30 – 10:00 – Level 2 & 3
- 10:00 – 10:30 – Level 1 & 2
- 10:30 – 11:00 – Level 3 & 1
- 11:00 – 11:30 – Parent & Me

Sessions Attending	Time	Level
Session 1 (6/27 – 7/8)		
Session 2 (7/11 – 7/22)		
Session 3 (7/25 – 8/5)		

Emergency contact information below:

Name:	Phone number:
Relationship:	Alternate Phone:

**Town of Rosendale Pool
Swimming Lesson
Assumption of Risk 2022**

Child's Name: _____
(Please Print)

I understand that my child will be participating in swimming and water activities involving use of pool, park facilities and equipment.

I have been given an opportunity to investigate said program and have independently answered all question concerning said activities and the supervision of my said child, to my complete satisfaction.

I, undersigned, hereby agree to assume all risk associated with said program and to indemnify and hold harmless the Town of Rosendale and the Recreation Commission from any and all damages resulting from liability arising out of said program and all activities relating thereto.

I have read the foregoing permission form and hold harmless agreement and fully understand the same.

This agreement may not be changed or modified orally. I have not relied on any representatives of the Town of Rosendale or the Rosendale Recreation Commission, its Director, agents, servants, or employees not expressly contained herein.

Parent/Guardian (Please print): _____

Parent/Guardian Signature: _____

Date: _____

**Town of Rosendale Pool
Swim Lesson
Payment Record 2022**

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

(To be filled out by cashier)

Lesson Fees:

Resident Child \$50.00 each, per session

Non-Resident Child \$70.00 each, per session

Fees: \$_____ Check #: _____ Cash: _____ CC: _____

Date Paid: _____ Rec'd by: _____

Staple cash register receipt to this sheet.

Fill out the next page for customer receipt.

Customer Receipt for Rosendale Pool

Site address: 1055 Rt. 32, Rosendale NY 12472

Mailing address: 1915 Lucas Avenue, Cottekill, NY 12419

845-658-8198 or recreation@townofrosendale.com

Swim Lessons 2022

Child's Name: _____

Session attending (Circle):

Time and Level:

Session 1 June 27 – July 8 _____

Session 2 July 11 – July 22 _____

Session 3 July 25 – August 5 _____

Fees: \$ _____ Check #: _____ Cash: _____ CC: _____

Date Paid: _____ Rec'd by: _____